

GOOD PRACTICE

FAMILY CENTRE



This project has received funding from the European Union.



REPUBLIKA SLOVENIJA
MINISTRSTVO ZA DELO, DRUŽINO,
SOCIALNE ZADEVE IN ENAKE MOŽNOSTI

This project is co-financed by Ministry of Labour,
Family, Social Affairs and Equal Opportunities

Title
Family Center Krapina-Zagorje County.
Location / geographic coverage
Krapina Zagorje County, Croatia.
Summary
<p>Individual counseling is conducted with all age groups and is based on:</p> <ul style="list-style-type: none"> → empowering individuals to recognize their own needs, potential and real opportunities, which relate to improving their knowledge, skills and competencies through work on themselves → empowering and encouraging children and young people to high quality and active participation in the formal education system, and help with training techniques for more successful learning → referral of children and youth who are at risk of falling out of the regular system of education on the importance of regular education and pursuing the same → promotion and referral of adults with unfinished elementary and / or secondary education on opportunities to continue the same through various courses and programs, and help with the selection of the same → inspiring young people and adults after the end of formal / regular schooling to continue according to their abilities and interests → referral and encourage the unemployed to the possibility of additional training and retraining <p>Group counseling is conducted through informative and educational workshops where the importance of lifelong learning and education is promoted in a way that workshops are continually maintained and implemented with children and young people, students in elementary and secondary schools, parents, professional workers, and all the inhabitants of Krapina-Zagorje County</p> <p>Workshops are conducted on topics such as self-concept, positive communication, optimism and life goals, emotional intelligence, assertiveness, self-confidence and self-esteem, stage fright and public exposure, non-violent problem solving, how to overcome stress, healthy lifestyles, encouraging volunteerism.</p>
Type of the good practice
The measures based on national documents and strategies of the Government.
Stakeholders and partners
Users of the service of counseling and prevention education workshops are all residents of Krapina-Zagorje County, regardless of gender, age and educational status. Contributors are County, cities and municipalities, kindergartens, primary and secondary schools, associations, government and public institutions.
Issue / challenge and goals / assumptions
<p>Activities of individual and group counseling work, as well as the implementation of informative and educational workshops are arising from ordinary activities and the scope of the Family Center Krapina-Zagorje County. Through regularly conduct of such activities was recognized the need to expand them in order to improve the quality of life of all County residents, based on detected needs of service users of Family Center.</p> <p>Based on this Family Center Krapina-Zagorje County recognized the importance of lifelong learning as</p>

an essential factor in the advancement of personal growth and development, improvement of life quality for individual, family and community by enhancing self-awareness and training skills and acquire new knowledge.
How does it work?
Activities are conducted through individual and group counseling, as well as through informative and educational workshops.
Results
Qualitative results of the practice are extremely satisfaction with activities as well as a strong need for more frequent implementation of all activities. Results were obtained verbally and in writing by users.
Quantitative results are a larger number of users of counselling and informative and educational workshops that by self-awareness want to improve the quality of life.
Evaluation
Oral and written evaluation is conducted by users, individual counselling work and informative and educational workshops. The results of the evaluation show great satisfaction by users of both types of activities and emphasize the need for even more frequent implementation.
Lessons learned
Key messages and conclusions are that these types of work require more often implementation to enhance the quality of life for all residents of the County, as well as inform residents about possible courses of action and assistance in accordance with their needs.
Sustainability and transferability
To implement this example of good practice in a long-term, further recruitment of experts as well as further financial support for the implementation of these activities is necessary.
Contact details
Name of organisation: Family Center Krapina-Zagorje County Contact person: Sandra Kos Postal address: Frana Galovića 1c, 49 000 Krapina e-mail address: obiteljskicentar-kzz@hi.t-com.hr web site: www.obiteljskicentar-kzz.hr